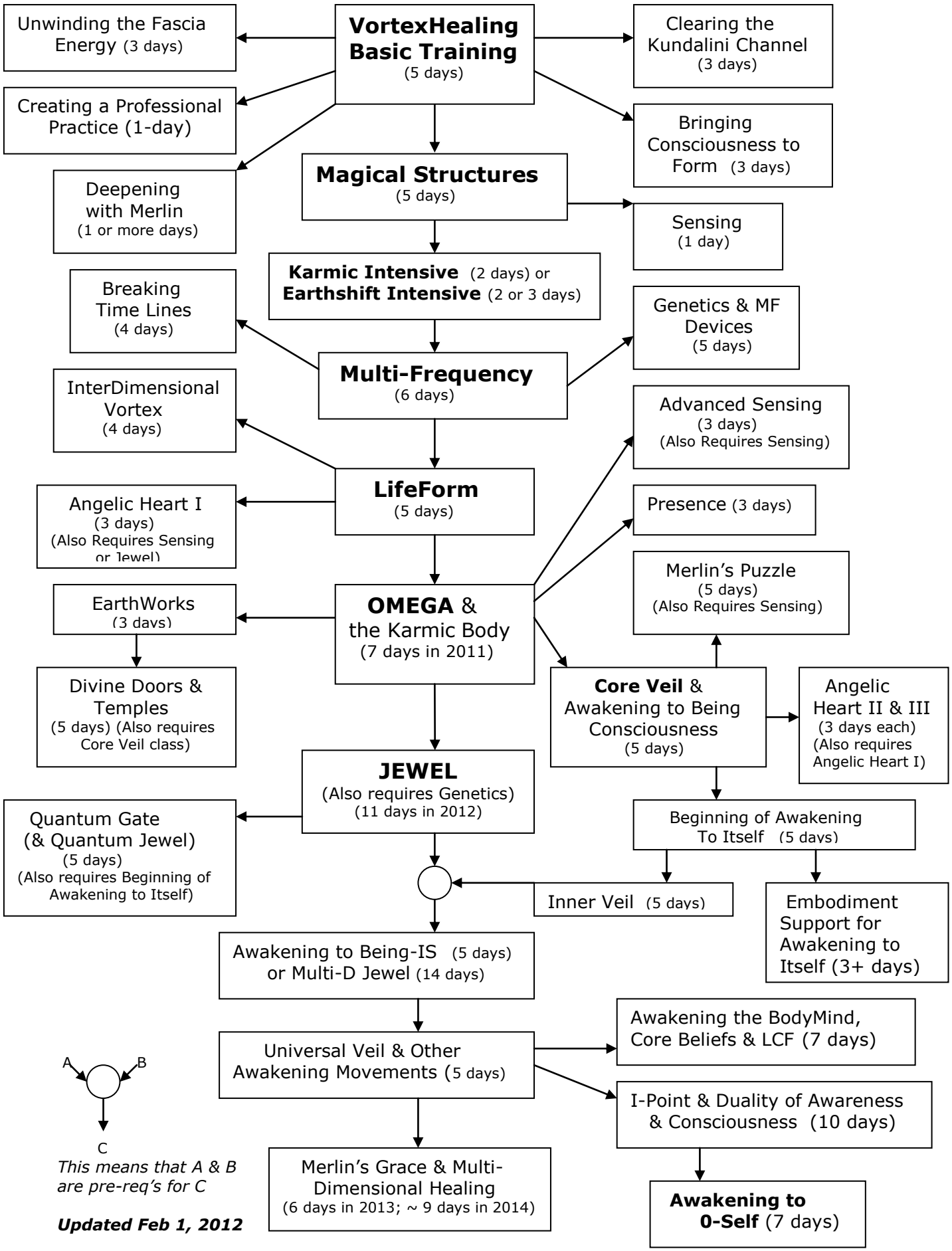VortexHealing® Flowchart of trainings (2012)