

# VORTEXHEALING<sup>®</sup> TRAININGS

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## The Transmissions Given in VortexHealing Trainings

All the Vortex healing tools (except for Unwinding the Fascia Energy) are expressions of the divine light and consciousness of our lineage and are given by ‘direct consciousness transmission’. What each healing tool can do, though, is dependent on the level of the class and the unique function it is designed to do. The main healing tools do a variety of things, but there are also transmissions for very specific functions, such as grounding, or harmonizing, or nourishing, or awakening consciousness. In addition, although the new Vortex healing tools given in more advanced classes generally work deeper than those given in earlier classes, the main tools from earlier classes will work deeper and deeper as classes progress. This is because as students become more advanced, the evolution in their energy systems and consciousness enable the transmission process to update these earlier healing tools to come from deeper places in their system. So even as they are given new healing tools, the older tools keep working deeper as well.

In addition to the healing tools, some classes also have meditation transmissions. Whether used for healing one’s own issues, for opening the spiritual heart, or for dropping deeper into beingness, meditation plays an important role. The meditation transmissions enable the meditations taught to both go deeper and be more effective.

## The 5 Levels & 2 Threads of VortexHealing Trainings

### *The 5 Levels:*

1. **VortexHealing Basic Training Level:** VortexHealing Basic Training; Clearing the Kundalini Channel, Unwinding the Fascia Energy; Deepening with Merlin; Bringing Consciousness to Form.
2. **Magical Structures Level:** Magical Structures; Karmic Intensive; Earthshift Intensive; Sensing: Psychic & Consciousness Development.
3. **Multi-Frequency Level:** Multi-Frequency & Merlin’s Jewel; Breaking TimeLines; Genetics & MF Devices.
4. **LifeForm Level:** LifeForm; InterDimensional Vortex; Angelic Heart I.
5. **Omega Level:** Omega & the Karmic Body; Presence; Advanced Sensing; Earthworks I: Divine Funnels & More; Earthworks II: Divine Doors & Temples.

### *The 2 Threads:*

(\* The Awakening Thread and Healing Thread below both have the main 5<sup>th</sup> level class (Omega & the Karmic Body) as a prerequisite.)

- **Awakening Thread:** Core Veil & Awakening to Being Consciousness; Beginning of Awakening to Itself; Inner Veil; Embodiment Support for Awakening to Itself; Merlin’s Puzzle; Bringing Consciousness Through Form; Inner Veil; Awakening to Being IS; Universal Veil & Other Awakening Movements; I-Point & Duality of Awareness & Consciousness; Awakening the BodyMind & Core Beliefs; LifeField & Genetic Personality; Awakening to 0-Self.
- **Healing Thread:** Jewel; Angelic Heart II & III; Q-Gate; Multi-Dimensional Jewel & Awakening to Being-IS (no longer offered); Merlin’s Grace & Multi-Dimensional Healing.

*Note: With the 5 levels, the first class listed at each level is the “anchor” class for that level, which is a prerequisite for other classes at that level as well as for the next level. Some classes have other prerequisites as well (see individual classes, below). But some classes in the Healing Thread require classes in the Awakening Thread and vice versa.*

## VortexHealing Basic Training Level

### **VortexHealing Basic Training (5 Days) *No prerequisite required.***

You undergo an intense light acceleration, which evolves your energy system and enables you to receive the Vortex Wheel (by transmission). With the Vortex Wheel you will be able to:

- Channel 49 different forms of Vortex Light. Some of these forms are designed to energize and move physical, emotional and karmic "stuff", some forms create less release but more nurturing, and some of the forms have very specific purposes—for instance, Grounding Vortex is for grounding and White Fire Vortex is for burning out infections. 33 of the forms of Vortex Light are specific for different kinds of tissue, such as lung tissue, liver tissue, eye tissue, etc. You can choose the form you wish to channel, or ask divine intelligence to choose, which will simultaneously send different forms—or a combinations of forms—of Vortex light to different areas of the system, according to what is needed.
- With Vortex Light, simultaneously channel Merlin's Healing Essence, which bridges in Merlin's divine healing consciousness, which transforms directly through consciousness and matter.
- Clear "karma knots" and their issues from the karmic body; release emotional and mental imprinting from the emotional and mental bodies; energize, harmonize and create deep healing on the physical body.
- Recreate your Grounding Cord, which grounds you, strengthens you, and enables the earth to feed you. Everyone was born with a grounding cord, but in the West, almost everyone loses it by the time they are 4 years old.
- Work with both the vital and divine webs in the body, and channel light through both webs simultaneously.
- Heal broken divine lines in the body's divine web as well as broken vital lines in the body's vital web.
- Use the divine web to open the 3<sup>rd</sup> eye.
- Do VortexHealing at a distance.
- Clear physical spaces of negative energy (as well as ghosts) in less than a minute.
- Learn how to get information from Merlin, the divine Source of VortexHealing.
- Learn meditations for opening and deepening the spiritual heart.
- Learn a detailed overview of how we hold our karmic material and how our energy system is constructed.

In addition to the general karmic acceleration and healing effects of receiving the transmission, you will receive a lot of direct healing work, both from other students and in exercises for self-healing.

### **Clearing the Kundalini Channel (3 days) *Prerequisite: VortexHealing Basic Training.***

The focus of the class is to clean the kundalini channel (through which the kundalini energy runs), which gets quite gummed up, especially near the base of the spine as well as to evolve the kundalini energy. You receive a transmission specifically oriented to clean out the kind of debris that blocks the kundalini channel (which can be used for yourself or others). This debris, which can get almost tar-like in consistency, blocks the flow of the kundalini. The kundalini energy, aside from its uses as a vehicle for divine energy and for opening the upper charkas, is actually a core physical energy that feeds and strengthens the entire nervous system and body, as well as all the charkas (which also energize all the organs and all body systems). An open kundalini channel allows the kundalini to flow better, creating a much stronger and healthier physical body that is both more energized and more relaxed. This **won't** be yoga-kundalini type class, where the breath is used to try to crank up the kundalini. When the channel is open, the kundalini rises naturally and gently. Conversely, when the channel is blocked and the energy is forced up the channel with intense kundalini-breathing exercises, strong disturbing symptoms can result. Students who have cleared their channel report both increased energy and a deeper sense of peace, both effects of the strengthening and smoothing out of the nervous system. In addition, for at least awhile after the channel is cleared, some students report a sense of oceanic expansion. Everyone's kundalini channel should be clear by the end of the last day of class. In addition, on the last day, there is a deep bridging of divinity into the core of the kundalini energy, evolving it and activating the core of the nadi system there. *Note: the increased body energy created by this class may 'stir up your system' for awhile.*

### **Unwinding the Fascia Energy (3 days) *Prerequisite: VortexHealing Basic Training.***

In other Vortex classes, the healing work involves only the channeling of energy, not direct work with the body-tissue. But working with the tissue of the body, in particular the fascia (or connective tissue), can give you a completely new perspective of the body. Working from a 'hands-on' perspective makes you more comfortable with the body, more aligned with it, and therefore also more in tune with what it happening in it. In addition, because the body energies follow the structure (or planes) of the fascia, as you learn to play with the fascia and feel the energy

flow through it, you learn to sense the body energy pathways in a way that for most students is difficult to learn just from channeling. Finally, for certain kinds of injury—for sprains, bad physical traumas, pulled backs, etc.—being able to work directly with the tissue, to ‘unwind’ the energetic strain patterns there, is usually invaluable.

From this 3-day class, you will learn enough to get started. Becoming more ‘skilled’ at unwinding the fascia energy simply requires practice.

You may need to bring pads (and pillows) for softening the wooden banquet tables. Class size is limited.

### **Deepening with Merlin (1, 2 or 3 days) Prerequisite: VortexHealing Basic Training.**

This class is designed specifically to help you, from wherever you are, to go deeper. There is an ongoing transmission in the class, which will do different things at different times, and different things for different people. It may facilitate a deepening of your heart, or the creating of more inner silence, or it may bridge your nervous system into a deeper connection with divinity, or it may open your being more to divinity, etc. As you meditate in class, Merlin will work with you and deepen you according to what your inner development needs are at the time. For those of you with a meditation practice, the class will also, naturally, deepen that. The format of the class is simply being with Merlin as you meditate with the Merlin mantra.

Each repeating of this class starts from where you are at the time and takes you deeper from there.

### **Bringing Consciousness to Form (3 days) Prerequisite: VortexHealing Basic Training.**

This is an awareness class that utilizes simple movement and yoga, along with simple Vortex techniques, to bring your attention to how you are in your ‘form’ and how you hold issues there. ‘Form’ not only includes the physical body but also the other energetic bodies and the rest of the human system. Working with the tools of this class facilitates becoming more awake and more conscious of your patterns within your physical form, and it gives you a new method for releasing the blockages to being present there. The overall experience is very powerful on a physical and emotional level, and very grounding. In addition, learning to track issues within yourself in this way can also open ‘psychic’ sensing abilities.

The class includes a transmission from Merlin, which deepens the bridging of awareness into the consciousness of your form.

The class is designed for anyone at any level of fitness or flexibility.

## **Magical Structures Level**

### **Magical Structures (5 days) Prerequisite: VortexHealing Basic Training.**

*Note: This class was previously called Advanced Training.*

- **Magical Energetic Structures made of "wizard thread".** These can be placed in a body for improving the functioning of an organ or system; they can be placed in a house or room to alter the feeling-quality of the space; they can restructure the flow of energy and consciousness in offices or homes, making them more efficient, more relaxed, and more harmonious; they can reduce the side-effects of drugs; they can help grounding or be used to create "spells" to facilitate sleep or working through issues; they can be used to mimic acupuncture or Jin Shin, or create ‘Dosha’ balancings or create Body-Mind Wakeup treatments—fantastic for "resetting" the physical body. They can even be used to change the sound of one’s voice. The possibilities are endless.
- **Vortex Crystal-Grid Release.** This is a healing art in itself. You learn to pop up special magical structures called “Vortex Crystals” and place them in your own or someone else’s field, for energizing or to release blockage by working with the energetic blueprint of a problem. Works especially well for the emotional and mental bodies and for doing healing at a distance. The Vortex Crystals act as a second energy source, creating more power for self-healing or working on others. Once activated they can run on their own, so you can use them to do treatments on yourself while you sleep. They can also energize a room.
- **Merlin's Global Healing Grid.** This amazing Healing Grid, a global magical structure created by Merlin, enables you to participate very directly in Earth Change. For instance, a single Magical Structures level student can release a town's karmic accumulation on that area of the earth in less than 10 minutes. The change can be quite striking and can be done at a distance. And the incredible power of this Healing Grid can be used on personal issues as well (for yourself or others). You can even use it to perform ‘pujas’ (for yourself or others) that harmonize you with transiting planets and help to alleviate negative astrological influences, or for special events or issues, or do Ayurvedic ‘Dosha’ balancings.
- **Open Vortex Spaces:** these special magical structures can be put around rooms, houses or cities, to create a higher vibratory space.

- **Advanced Energetic Hookups to the Vital Web:** enable you to “hookup” to anything in creation, for healing. Now you can improve the sound of musical instruments and work much more directly and deeply in a person's energy system.
- **Vortex Meditations specific for Karmic Acceleration & Evolving the Energy System.**

### **Karmic Intensive (2 days)** *Prerequisite: Magical Structures.*

The intention of this class is to generate a very intense karmic acceleration and to evolve the energy system. The 3 days will be spent entirely doing a Vortex meditation specific for this class (which creates a lot of movement in the karmic body) and using VortexHealing tools to keep catching up the system to the movements created by the meditations. The class will also help the student to develop their awareness of the vital web, which promotes the development of their psychic awareness, both in general and for tuning into the energy systems of clients.

### **Vortex Earthshift Intensive (2 or 3 days)** *Prerequisite: Magical Structures.*

The intention of this class is to gather a large number of Vortex students together and use the power available in our lineage to facilitate movements in the consciousness of the earth and in the field of human consciousness. Students not only facilitate this shift, but because their own bodies and consciousness are part of that shift, their energy systems usually go through a rather large acceleration from participating. Sometimes there is a significant amount of karmic conditioning that is released a well, although no formal healing is done. Rather, the 2 days are spent in a special meditation designed to both make the student's energy system a better vehicle for facilitating the shift, as well as to enable the student to more deeply embody that shift in their own system. The experience of having this kind of movement unfold through your system is often quite moving.

### **Sensing: Psychic and Consciousness Development (1 day)** *Prerequisite: Magical Structures.*

This class is designed to promote psychic and consciousness development and in a way that supports the evolution of the individual's spiritual consciousness. For many psychics, the act of ‘seeing’ is divorced from their being and gets them more ‘in their head’. Here, the development is designed to integrate the seeing/sensing into the sense of being so that seeing pulls the perceiver into being and so that resting in being feeds the ability to see. But this class is not just about psychic development but also about the evolution of ordinary consciousness. For instance, if someone is ‘out of body’, they will be pulled more into body. For someone who has difficulty with focus, the transmissions will help to focus them better. For someone who avoids their emotions, the transmissions will help to bridge them in. So, all the transmissions are working both to bridge consciousness into a deeper awareness and more ‘psychic’ perception, as well as to align perception in a way that facilitates spiritual growth and awakening.

This is one of the few classes where repeating the class deepens the transmission.

## **Multi-Frequency Level**

### **Multi-Frequency & Merlin's Jewel (6 days)** *Prerequisite: 1 Vortex Intensive or 1 Vortex EarthShift Intensive.*

This class gives the student new tools to enable conditioning to be released far more quickly, as well as to get at certain deeper levels of conditioning that could not be effectively worked on at all beforehand. These new tools are:

- **Multi-Frequency** contains millions of life-frequencies and all the color variations of light, in dense and homeopathic form. It can be used to release, to harmonize, to nurture or to ‘re-set’ various system in the body.
- **Oneness Frequency** specifically breaks down the vibration of separateness in the human personality, releasing attachment and identification, and thus breaking down our emotional/karmic and ego positions, as well as some of our ‘attachment webbing’. It can also be used as a meditation.
- **LifeEssences** are pure energetic nourishment. They combine the energies of crystals, herbs, colors and vibration, with the intention of nourishing different organs, systems, and conditions. LifeEssences come in dense and homeopathic form.
- **Merlin's Jewel** enables you to make a new kind of energetic structure that has many uses, including the making of portals to bring in energy from other places and dimensions. Merlin's Jewel is also the basis for Omega (see below) and many of the post-Omega VortexHealing classes. One can meditate on the heart of this Jewel.
- **Crystal Energy** is a dense, stabilizing energy that can be channeled as crystal structures or as "liquid crystal" energy. It is excellent for breaking up various kinds of congestions. Crystals emanating homeopathic frequencies can also be made, as well as energetic gemstones, enabling the creation of a complete “Crystal-Gem Treatment”,

which will work by itself without conscious channeling for 20 minutes, once it is set up, so you can create one just before going to sleep.

- **All Energetics** is a composite transmission that enables the channeling of Multi-Frequency, Oneness Frequency, LifeEssences, Crystal Energy & the 49 forms of Vortex simultaneously, with a single intention, and with Merlin directing each energy to where it needs to go in the system, according to divine intelligence.
- **Grounding Frequency** is a special frequency that when channeled for about 30 minutes, permanently grounds the system in a new way.
- **Body-Harmonic Frequency** is a special frequency that is like delta brain waves, which is associated with deep sleep. When channeled, it helps the system, or particular traumas, to deeply relax and let go. It can also be used as a meditation.
- **Homeopathic Wizard Thread** is a special form of wizard thread that can create homeopathic effects.
- **Transforming De-Toxing Energy** is a unique transmission for manifesting this kind of energy.

> Multi-Frequency, Oneness Frequency, and LifeEssences can be all programmed to work in the background, 24 hours per day. Although the effect is much less than channeling it consciously, it does create some ‘free’ movement.

## **Genetics & Multi-Frequency Devices (5 days) Prerequisite: Multi-Frequency.**

This transmission enables the practitioner to release personal, karmic and ancestral imprints from the DNA. The research we are doing in this field—from both medical tests and university genetics studies—indicates that we are strongly impacting genetic expression. But you are not limited to working on genetic "kinks"; you can create genetic "enhancements" to your system as well. In addition to the more common ones, such as improving the immune system, improving various other systems, and so on, you can also create the energetic blueprint in your system of a new dot-chromosome that is part of our future genetic evolution, designed to move the human race into higher levels of consciousness. You also learn to make Multi-Frequency devices—special kinds of structures that are able to work with grosser levels of vibration than the wizard-thread structures from the Magical Structures class or the Multi-Frequency structures, and they can bring in more energy.

*NOTE: Because of how deep in the body this class works, assume that it will take at least a week to integrate its movement.*

## **Breaking TimeLines (4 days) Prerequisite: Multi-Frequency.**

This transmission enables you to temporarily put organs, chakras, meridians and body systems into a state where they “oscillate” between manifestation and non-manifestation. In this state, the divine can quickly empty that system of history and trauma, which can create instantaneous dramatic results. The transmissions for this class greatly amplify the student’s ability to bring in highly concentrated shakti (charged, divine energy), and that shakti is then used to ‘break timelines’, making this class one of students’ favorites.

# **LifeForm Level**

## **LifeForm (5 days) Prerequisite: Multi-Frequency.**

Where Multi-Frequency works by channeling energies and frequencies to release stuck areas in the system, LifeForm works solely through channeling consciousness. The LifeForm transmission enables you to channel the consciousness of perfect LifeForm for either the physical, etheric, emotional, mental, spiritual body, or karmic body, or all of them together. When you channel LifeForm, you awaken these various energetic bodies to their true nature, free of conditioning and concepts, and this awakening releases the conditioning, for it is now recognized as ‘not-self’. The energetic bodies then become purer vehicles for the expression of different aspects of our human experience, and this enables us to experience, through our humanness, the beauty of divine expression through form. There is also psychological and chakra LifeForm.

A Mantra Transmission is also given in this class, which enables you to channel a mixture of Hindu, Tibetan, Kabbalistic, angelic and Thnguu mantras, as well as special Vortex mantras, Divine Truth mantras and the Merlin mantra, sending different mantras to different systems, according to Merlin’s divine intelligence. (Mantras are a way of expressing different aspects of divine consciousness through sound.) Mantras can now be added to Vortex crystals and channeled to particular body areas or into the body as a whole.

A composite transmission, called Rainbow is also given, which enables you to channel LifeForm, mantra, Oneness Frequency, and Divine Lines all at once, with a single intention, and Rainbow can be programmed to run in the background while you sleep. All Energetics (from Multi-Frequency) now channels all the new transmissions as well. There are also 5 new forms of Vortex that specifically work on each of the energetic bodies—the karmic, etheric, emotional, mental and spiritual bodies, greatly deepening the energetic movement there. And there is a

completely different kind of transmission, for a healing tool called Energetic Intervention, which helps to move physical blockage and is the only VortexHealing tool that can reopen energy pathways that have gotten blocked enough that they literally shut down.

### **InterDimensional Vortex (4 days)** *Prerequisite: LifeForm.*

InterDimensional Vortex is the deepest and fastest tool we have for releasing conditioning, before getting to the Omega class. It releases by *bridging* everything into the divine. Its depth and speed enable us to be able to finish releasing all ego positions, all karmic webbing and all the imprinting in the physical spinal cord during the class.

But Inter-D is quite unique and can also create effects that cannot be created by anything else except Jewel. It can be used to *transform* the energetic quality of the system as a whole, or even more deeply transform individual organs, glands, body systems, chakras, energetic bodies, kundalini energy, the nadi (subtle nerve) system, meridians, etc. When a system is *transformed*, its tissue moves to a higher vibration and becomes freer, enabling any karmic material in it to be released more easily, making it harder for new conditioning to imprint, and enabling that system to function better. Inter-D can also be used to create a unique opening to the divine in your spine and Spiritual Heart

Other transmissions for this class include InterDimensional Crystals, Vedic Sounds, Hebrew Letters, and InterDimensional Fields that can be used for personal *situations*. In addition, Inter-D and Vedic Sounds become part of Rainbow, a composite energy that can be run in the background while you sleep; and Inter-D, Vedic Sounds, and Hebrew Letters now become part of All Energetics.

There are also special transmissions for deepening the work of Inter-D in the thymus (important for allergies), in the brain and amygdala (where lots of survival patterns get hardwired), and in the karmic body.

All of the unique qualities of Inter-D can be used on yourself or others.

For those who have also done Omega, taking this class enables Omega to use the Interdimensional Bridge, enabling it to run about 10% deeper.

### **Angelic Heart I (3 days)** *Prerequisite: LifeForm; Sensing. (Or if Jewel has been taken, Sensing is not needed as a prereq).*

This class is given with both Merlin's and angelic assistance. The class is not *about* angels but how to channel a quality of angelic energy and consciousness called Angelic Heart. The human emotional system responds very strongly to this, facilitating the release of old emotional patterns and helping the remembering of our own Heart. In particular, Angelic Heart creates a bridge from the human emotional system to the angelic realm, and this bridge becomes a kind of 'invitation' for the ego to let go of its attachment to emotional drama so it can more fully engage the energy that is being offered. In addition, Angelic Heart bridges into and does some work with the subconscious mind. By working in these ways, Angelic Heart is able to create a broad transformational movement, which is greater than the release of specific conditioning.

For the time of the transmission, an angel comes into each student's spine to facilitate the transmission, and this creates a very transformational space, in which new realizations about one's life seem to naturally emerge. In addition, the transmission seems to go out through the student's LifeField, interacting from there with other aspects of their life, as part of a larger transformational process.

## **Omega Level**

### **Omega & the Karmic Body (7 days)** *Prerequisite: LifeForm.*

Omega takes Merlin's Jewel, which was given in MF class, and empowers it to work at a level that is a huge jump from the classes that preceded it. Merlin's Jewel is a structure of pure divine magic that functions as a hologram of all creation. Whatever issue you are working on, in yourself or someone else, is already inside the Jewel. From the Jewel we construct an Omega Ball, which enables us to use this hologram of the universe to manifest healing.

Omega works deeply enough to be able to release the outer weave of the 5<sup>th</sup> dimensional level of our conditioning as well as what we call the 'pre-karmic' level. The effect of being able to work on our issues on this level is truly astounding.

There are 13 forms or unique expressions of Omega, each of which acts in a very different area of the energy system and consciousness. There is General Omega, Physical Omega, Omega Fire, Omega Essences, Spirit of Omega, Omega Truth, Omega Information, Omega Energy, Omega Crystal Energy, Omega Mantras, Karmic Body Omega, Omega LifeForm and Interdimensional Omega. They can be channeled separately or all at once. In addition, there is an advanced form of Genetics taught (for those who have taken the Vortex Genetics class) and there is a transmission for channeling Divine Fire. Divine Fire is the most effective tool in VortexHealing (until Jewel class)

for knocking out acute and chronic infections of any type. It literally burns up the protein walls of the DNA of the infecting virus, bacteria, fungus or parasite.

Omega Essences are the first tool to be able to transform some of history that is part of the actual structure of the DNA.

Karmic Bodies transmission, which was originally a separate class called *Karmic Body Release*, is now incorporated into this class. This is the first transmission that enables you to release through all the layers of the karmic body, which is the key storage place for all of our personal karmic drama, which generates about half of our historical emotional conditioning. (The other half comes from our ancestral history in the DNA.)

In this class we also learn to do ‘Reality Shifts’ using the 13<sup>th</sup> chakra (about 60 feet above the head). This is similar to the technique of breaking a TimeLine, but much deeper. Not all students in class will be able to do this, though. Some students will need further energetic development before their system is able to perform a Reality Shift. For those who have also done InterDimensional Vortex, taking this class enables Omega to use the Interdimensional Bridge, enabling it to run about 10% deeper.

### **Presence (3 days) Prerequisite: Omega.**

This transmission is purely for developing and expanding consciousness; it does not directly release karmic ‘stuff’. It is designed to bridge consciousness into a more awakened state of Presence and to enable the student to channel this movement to others. The transmission also brings in 7<sup>th</sup> Dimensional light, which can also be isolated and channeled by itself for meditation or on others. Presence is also helpful for those who have lost their Core Veil (see Core Veil & Awakening to Being Consciousness class, below), to integrate their awakening.

In Multi-D Jewel, the Presence transmission is upgraded, which both deepens it and enables it to bring in 8<sup>th</sup> dimensional light.

This is one of the few classes where repeating the class deepens the transmission.

### **Advanced Sensing: Psychic and Consciousness Development (3 days) Prerequisite: Omega.**

This class is mostly transmission. Merlin builds upon the foundation of perceptual restructuring that occurred in the Sensing class, deepening that in a major way. The transmissions are the most “cosmic” of all the Vortex transmissions. But the transmissions also directly impact the energy system, rewiring it to improve sensing ability, as well as making it more subtle, which also enhances sensing. The transmissions also deepen the navel hookup to the general field of life, which enables better psychic perception through that hookup as well as deepens the bridge for doing healings on others.

This is one of the few classes where repeating the class deepens the transmission, also deepening its effects on the energy system.

### **EarthWorks I: Divine Funnels & More (3 days) Prerequisite: Omega.**

The main focus of this class is to enable 3 students, working together, to create enormous divine funnels that act to bridge large amounts of divine energy and consciousness into an area with a diameter of about 50 miles. (With a little practice, this can be done by one student alone.) These funnels can also be centered in a house, and personal structures can be created to tap into some of its energy.

In addition, there are 4 other transmissions, for making other kinds of funnels & structures:

*Divine weather-funnels:* These funnels help to heal the earth in the area they are made, so that its weather patterns are more natural for that geographic location.

*Earth Cleansing Structures:* These are designed to clear negative energy out of the earth in areas where trauma happened. They can also speed up the time it takes the earth to process physical toxicity. A single structure can extend for about 350 yards (~320 meters).

*4-Element Structures:* these pull in the consciousness and qualities of the 4 elements—earth, air, fire and water—and then creates a balance of them in a house or other building, as well as a body, making it feel much more harmonious with nature. The change is quite remarkable. It makes the inside of a house feel connected to the earth and to the consciousness of the earth in a way that no other Vortex structure does. Even in open land, a single structure can cover about an acre, making the elements there feel more harmonious.

*Mini Energizing Funnels:* these are to temporarily generate extra energy for the physical body, or for an, organ chakra, or body system (such as the lymph system, hormonal system, etc).

A lot of energetic breathing is required for bringing in the shakti that is needed to manifest these divine funnels. A combination of this breathing, along with the shakti-building transmissions given in this class, has a deeply strengthening effect on the student’s energetic spine.

## **Earthworks II: Divine Doors and Temples** (5 days) *Prerequisite: Earthworks I;*

*Core Veil & Awakening to Being Consciousness.*

This class is a deepening of Earthworks. Your energy system and consciousness are developed to be able to open divine doors out of deeper dimensions of creation. Unlike the funnels from Earthworks, a divine door can bring in any quality or focus of divine consciousness. From this class you will be able to open a large divine door for an area, a smaller door into any object, a divine door within a person's body and angelic divine doors. You will also receive a special universal divine mother door as part of your energy system, which can be used for healings, blessings and deepening into awakening. And you can make 10<sup>th</sup> dimensional divine doors (if you have also taken Multi-D Jewel.) When a divine door is opened in an object, that object can then also be used for healings, blessings and meditation. Students find opening these doors to be very exciting. They will also be able to open Merlin divine doors.

As with Earthworks, a lot of energetic breathing is required to open these doors. In addition, because of the kind of surrender required to complete the manifestation of a door, the heart learns to let go in a way that supports spiritual growth and deepens the movement into awakening.

## **AWAKENING THREAD**

### **Core Veil & Awakening to Being Consciousness** (5 days) *Prerequisite: Omega.*

From the VortexHealing point of view, the sense of separate self, of separate 'I', is a divine 'set-up'. That which IS, which has no separation, has somehow managed to generate for Itself an experience of separateness, of individual identity. To generate this false sense of identity and hold it in place, divinity needed to find a way to 'veil' Itself from Itself, to find a way to experience Itself *as if* it were separate. This would appear to be no simple feat. To do so, it created dimensions, consciousness, life itself and a maze of divine structures, and with all this it generated two kinds of 'veils' that could hold the consciousness of 'I'. One of these veils, called the Core Veil, sits in the center of the human heart and acts as a reference point for the sense of separate 'I' for the human and karmic personality.

The first part of this class facilitates the breaking down of that Core Veil. We say that the breaking down of the Core Veil creates 'basic awakening', because the basic sense of 'I' disappears from the center of the heart. After this 'basic awakening', when you examine 'who' it is that is having whatever experience you are having, you no longer find a someone, a separate sense of 'I'. That familiar someone was an experience generated by the Core Veil, which is gone. This changes everything. And yet ironically, because there is still so much conditioned I-consciousness left over (that had grown out of the 'I' of the Core Veil), you tend to still experience yourself much as you did before. So everything changes, and most everything stays the same. It is as if you had been living in the middle of a very complex dream of being a particular someone, and suddenly a permanent window appeared in the center of your heart that opened into something beyond the dream. The dream continues, but whenever you, within the dream, look into that window—which goes with you wherever you go—your sense of being a particular someone in that dream disappears into some greater truth.

This is basic awakening. Before, there was only the illusionary experience of someone-ness. Now, there is the realization of something else, but all the memories are still of being that someone. Everything is now different, and yet everything also still feels much the same. This is neither the end of awakening nor a 'flowering into perfection and bliss'. Rather, this is the beginning of a new process that rarely aligns with the seeker's expectations. Not surprisingly, most beings find Basic Awakening confusing, and for some time.

The process now is about bridging awakening to the areas of conditioned consciousness that are not yet awake (a process called embodiment) as well as deepening the awakening that has already occurred. In the second part of the class, we both deepen the awakening and practice embodying it. The deepening is a movement we call Awakening to Being Consciousness (also called Awakening to Emptiness). This is both a much broader awakening out of the sense of personal, and a deeper level of awakening to the freedom of Consciousness Itself. In Awakening to Being Consciousness, the 'window' described above fills you whole field, and it becomes clear that all the dramas of your life simply arise in consciousness, and that you are that space they are arising within. This permanently creates in your consciousness a place where you can recognize that you are free from the hooks of these dramas. But this awakening still needs to be 'embodied' in daily life or else it just becomes a background awareness rather than the place one is living from.

It should be pointed out that although all spiritual awakening happens purely by grace when a spiritual seeker has become sufficiently 'ripe', the divine source of our lineage has, by grace, been manifesting this ripening in students from the first day of Basic Training, so that by the time a student takes this class he or she is sufficiently

ripe. And the very same grace that has facilitated this ripening ensures, by divine intention, that anyone who then takes this class does, in fact, lose their Core Veil in class.

A ‘healing’ perk for this class is that everyone gets their karmic body ‘Reality Shifted’ which creates a huge unloading of karmic debris and conditioning, significantly lightening the ‘weight’ of the karmic baggage in the system.

Another perk is a ‘Truth Line’ that gets established in the consciousness and energy system, which makes it easier for students to ‘recognize the truth’ when they are trying to sense what is truly happening, whether in a healing session or their life in general.

*Cautionary Note 1:* because the breaking down of the Core Veil and the movement of Awakening to Being Consciousness is a loss of major ego-identity, what is left of the sense of someone-ness may have various kinds of emotional reactions to this movement. These reactions may range from great joy to great loss or confusion, or there may be very little subjective reaction at all.

*Cautionary Note 2:* People have a great many preconceptions and expectations about the nature of awakening, which almost always turn out to be false.

### **Beginning of Awakening to Itself (5 days) Prerequisite: Core Veil & Awakening to Being Consciousness.**

This class is designed to facilitate the continuing movement of awakening that is set in motion by the loss of the Core Veil and the Awakening to Being Consciousness. The loss of the Core Veil broke down the illusion of being a particular separate ‘I’, and Awakening to Being Consciousness greatly deepened that sense, awakening out of the personal drama and into the awareness of being consciousness. But yet to come is the deeper awakening to what you are beyond consciousness, and the first awakening to that is created in this class, which we call the *Beginning of Awakening to Itself*. (The term ‘Itself’ refers to the idea of True Self, but also points to the fact that True Self is impersonal in that it has no sense of either personal or universal self in it. It is That, Itself. It is Aware/Awake Mystery knowing that It IS.) Where Awakening to Being Consciousness feels like the vast silence and emptiness of consciousness, Awakening to Itself feels like Awake Beingness, like the essence of What Is. Awakeness Itself within Consciousness now begins to sense the echo of Itself everywhere, within everything. As with all true awakenings, this awakening is now permanently present, but if one does not engage the process of embodying it in daily life, then it just becomes background awareness rather than the place one is living from.

In this class we also move the ‘Core Me veil’, which is an important ‘aspect’ of the Core Veil. The Core Me veil not only holds a lot of ego structure in place but holds a lot of body tension in place as well.

### **Embodiment Support for Awakening to Itself (w/transmission) (5 or more days, may include nights) Prerequisite: Beginning of Awakening to Itself.**

This is a longer and deeper version of the Embodiment Support for Awakening to Itself class. It includes a transmission that helps to bridge consciousness into silence and facilitates letting go through the noise of one’s consciousness to the direct experience of Self that rests in silence beneath that. The intention of this class is to deeply embody students in their awakening. Many students report having their most profound awakening experience in this class.

### **Merlin’s Puzzle: Seeing from Truth (5 days) Prerequisite: Sensing; Core Veil & Awakening to Being Consciousness**

In this workshop you learn how to meet your issues, stories, identities and beliefs, and inquire into the Truth of them. This is called self-inquiry. Merlin evolves your system to support this process. He transforms the functioning of your 3<sup>rd</sup> eye so that instead of it functioning from the point of view of the incarnational personality, it has the fluidity and bridging to function from freedom. He also transforms your navel and creates a special 13<sup>th</sup> chakra bridge. You also receive a special divine structure placed in a crystal, which is used to create a better focus for self-inquiry, and you receive something called Merlin’s Puzzle, placed into another crystal. This is something magical that was originally created by the fifth Merlin of the lineage. Working with it helps to develop and deepen your system.

The class has plenty of practice time, so that you can gain confidence in your ability to do self-inquiry successfully.

*NOTE:* You do not need to be psychic to work with the puzzle, although this class will significantly deepen your psychic ability.

## **Bringing Consciousness Through Form (3 days)** *Prerequisites: Bringing Consciousness to Form, Core Veil & Awakening Being to Consciousness*

A transmission from Merlin bridges the awakening that is already present, so that you can experience more of that on a physical level and express more of your awakening through your physical form. Using movement and awareness to engage this process, we will explore ways to release the blockages that inhibit the physical expression of inner space and freedom.

## **Inner Veil (5 days)** *Prerequisite: Beginning of Awakening to Itself.*

The Inner Veil is the higher dimensional blueprint for our Core Veil. It holds the deeper sense of separate 'I', supporting the sense of separate 'I' created by the Core Veil. It is a deeper identity for the ego. Whereas the Core Veil is a construct in *consciousness*, the Inner Veil is constructed by a densely woven divine structure, on a deeper dimensional level. The Inner Veil may be thought of as having a foundational piece and a piece that expresses as 'I' directly in the heart. Because of the density of the weave of divine structure in the foundational piece, when it breaks down it lets loose huge amount of light, which then enters into and becomes part of the body's energy system.

## **Awakening to Being-IS (5 days)** *Prerequisite: Jewel; Inner Veil..*

See Multi-D Jewel & Awakening to Being-IS, below, for the description of the awakening movements of this class.

## **Universal Veil & Other Awakening Movements (5 days)** *Prerequisite: Multi-Dimensional Jewel or Awakening to Being-IS.*

This class helps bridge students through certain awakening movements. The Universal Veil holds in place our identity with consciousness itself. When it lets go, it becomes easier to look *through* consciousness rather than *from* consciousness. We release all 4 levels of the Universal Veil.

We also release the 3<sup>rd</sup> Movement of the Personal and 3<sup>rd</sup> Level of I-thought. (There are four levels of the sense of personal, and each one helps to support the sense of individual 'me' on deeper and deeper levels.)

Awakening the Separateness of the Universe Veil helps break down the experience of the universe as separate.

Awakening the identification with the 'soul' frees us from a very deep identity and allows a much more direct experience of the divine.

We also release the 4 remaining humanity-level veils, and students receive the first chapter of the Book of Pure Magic here. (The 2<sup>nd</sup> chapter can be received at any of the classes that this class is a prerequisite for.)

This is also the class where the LCF ego center and underlying ego is awakened, and the Window to the Light of 0-Self is manifested in the LCF.

## **I-Point and Duality of Awareness & Consciousness (10 days)** *Prerequisite: Universal Veil & Other Awakening Movements.*

This class focuses on awakening the I-point, the original point of 'I' that was the seed of the Inner Veil. This is the root of individualized I-consciousness. In addition, the duality of Awareness & Consciousness is broken down, which is also the 7<sup>th</sup> Integration Movement within Awakening and is also the top layer of the Original Veil. Consciousness is now able to be experienced as an expression of Pure Awareness.

There is also a new healing technique that will emerge here. After losing the I-point, consciousness in some way becomes free enough that it can simply intend for the divine web to do something, and the divine web generates a response. This is quite significant for it is the divine web that ultimately determines what happens in the vital web of our universe. And because the movement created in this way has only about a 60% overlap with Merlin's Grace, it can add a lot to the healing work of the Merlin's Grace transmission.

In addition, A Pure Consciousness energetic body will be given by transmission. This creates a layer of unconditioned consciousness in the system, which makes it easier to be aware of the conditioning that is there.

## **Awakening the BodyMind & Core Beliefs (7 days)** *Prerequisite: Universal Veil.*

The BodyMind has its own ego structure, based on 2 Ancestral Core Veils and a new Genetic Core Veil created for the new body, each of which creates a Body-Ego Center. The Ancestral Core Veils were awakened in MDJ or Awakening to Being-IS, and the deeper Genetic Veil, the new one created for this body, is awakened here. Along with that, the 3 Body-Ego Centers are awakened, and the Genetic Personality Gestalt is broken down. There is also some time spent releasing the Genetic Body-Ego Imprint from the spine and nervous system, but not all nervous systems 'want' the whole imprint released, so each student will get the optimal amount of release here that they need.

We have 7 Core Beliefs that support our experience of separateness, which are more like laws of physicality for the body than mental concepts. Once the BodyMind is awakened, these are awakened as well.

### **LifeField and Genetic Personality (2 days) Prerequisite: I-Point & Duality of Awareness & Consciousness; Awakening the BodyMind & Core Beliefs**

In this class, we awaken the LifeField and the Genetic Personality, 2 very powerful openings that align all the different levels of awakens and get the system ready to open to Mystery.

### **Awakening to 0-Self (6 days) Prerequisite: I-Point & Duality of Awareness & Consciousness**

When Pure Consciousness arises from Awareness, Awareness uses the space and mirror of Consciousness to recognize/realize Itself. From this realization, True Self and Itself-Awareness arises. But Awareness also identifies with Consciousness and uses that identity to sense Itself as ‘other’. From its own natural movement to explore/know Itself, it then identifies with this externalized sense of Itself. This is our first *self*-identity—the identification with this non-localized sense of external self, which creates the sense of Universal Self, which is also Universal Ego. Universal Ego is truly vast, transcending all dimensional reality, and for most people, looking from within their own ego consciousness, when they believe they are accessing True Self they are really accessing Universal Ego or some aspect which has expressed from that into dimensional reality (such as the soul). So, a problem arises around language: we want the word Self to refer to our what we truly are, to our True Self, but when people hear and use the word, they relate it to Universal Self, Universal Ego. True Self is actually devoid of the ego quality we experience as self. True Self is a no-self Self, the Original Source. For clarity we represent this as 0-Self. The ‘0’ both represents zero (as in *no*-self Self) and points to our Origin (as in Original Source).

## **HEALING THREAD**

### **Jewel (10 days in 2012, incorporating most of what was Jewel II) Prerequisite: Genetics; Omega.**

Jewel is like Omega in that you are using Merlin’s Jewel, given in Multi-Frequency class, to do your healings. But as much of jump as Omega was over what came before, Jewel is an even bigger jump over Omega. With this class, you are able to use Merlin’s Jewel at a much deeper level. And as with Omega, working with Jewel is simple and comprehensive—basically, you mostly just channel Jewel for anything you are working on, and it generates whatever is needed from Merlin’s Jewel to facilitate that. You use it to relax and center, to energize, to release, to do *BodyMind Wakeup*, even to do a much deeper form of genetics, and so on, greatly simplifying treatments. You can now get fully into the 5<sup>th</sup> dimensional level of blueprinting (for conditioning), you can release conditioning in the karmic body about twice as fast as using Karmic Body Release, and you can release more subtle conditioning in the karmic body than was possible before as well. And you can strengthen the body’s constitutional energy for the first time. (Chronic diseases often arise due to weak constitutional energy).

In Interdimensional Vortex (see above), it was possible to transform the energetic quality of body-systems. With Jewel, that kind of transformation can now be done more deeply, but in addition, you can now *transform the cellular consciousness of organs and body systems*. For instance, a genetic weakness may create a weak liver. One way to compensate for that weakness is by changing the cellular consciousness of the liver. Another key way to use this Jewel-technique is to transform the cellular consciousness of the brain. This creates a kind of rewiring effect in the brain. One example of this effect was seen when it was used on an autistic child: the next day he told the first joke he had ever told. Another example was seen when it was used on a child prone to sleepwalking: the sleepwalking stopped entirely. In Jewel class, another way of Reality Shifting (see its description in Karmic Body Release, above) is taught, Reality Shifting ‘from emptiness’. Almost all students can Reality Shift using this higher-level method.

You receive transmissions for doing Ruunga Divine Magic, which is a completely different branch of Merlin’s divine magic, taught in other parts of the universe. Ruunga works with its own structure of energy and divine consciousness. You can channel Ruunga Divine Magic in general, and with Ruunga structures and symbols, which bridge in particular energies, patterns and intentions.

This class now incorporates most of what was Jewel II, which makes use of our connection to the angelic realm to permanently hook students up to the Angelic Divine Web. With the vital web of our energy system being fed by a second divine source, our energy system jumps up in its energy level and its level of power. And this added ‘juice’ in the system enables us to ‘rewire’ the transmissions for Jewel, the Vortex Wheel and Ruunga Divine Magic, giving them more power to work with, which enables them to run deeper and faster.

All Jewel-class students receive 4 special structures into their system that will promote health and longevity. One brings more Jing into the system, one brings in more Chi, one brings in more Kidney Essence Chi, and one harmonizes all these together.

There is also a transmission for generating energetic ‘potions’.

Jewel can also be used to emulate LifeForm, so although you are channeling the same Jewel, the way it feels and the movement it creates is different—it becomes similar to LifeForm, but on a Jewel level, which is much deeper.

Finally, there is also some way, because of how deep Jewel is, that as you use it, the very using of it pulls you deeper into oneness.

### **Angelic Heart II (3 days)** *Prerequisite: Angelic Heart I; Core Veil & Awakening to Being Consciousness.*

This is a deepening of the power of Angelic Heart I. In addition, Angelic Heart Structures can now be made.

### **Angelic Heart III (3 days)** *Prerequisite: Angelic Heart II; Core Veil & Awakening to Being Consciousness.*

This is a deepening of the power of Angelic Heart II.

### **Q-Gate (5 days)** *Prerequisite: Jewel; Beginning of Awakening to Itself.*

Q-Gate, or Quantum-Gate, is an abbreviation for *Quantum-Point Matrix-Repatternner & Multi-D-Nexus-Gateway*. It is an energetic device that was constructed by the teachers of our lineage in 2006, using Ruunga Magic (another aspect of Merlin’s divine magic, taught in Jewel class). The original Q-Gate was constructed to sit in the center of the earth, in the middle of our galactic ley line. For the Q-Gate Vortex class, a replica of this Earth Q-Gate will be created in your system, to be used for healing work on oneself and others.

The easiest way to understand the Q-Gate is to look at the different parts of its longer name. The Q or ‘Quantum’ part of the name represents the fact that at its very core is a quantum point, which is outside of causality, spanning dimensions and realms, and is powered by love and awareness. This is the key to its functioning. The Q-Gate is also a ‘Gateway’ that you can use for traveling to other worlds and realms, and it is a ‘Nexus-Connection’ to a cosmic network of consciousness between civilizations and realms. The ‘Matrix-Repatternner’ part of the name refers to the fact that it does amazing healings by re-patterning life-matrixes at physical, emotional, mental and even consciousness levels. In other words, it does healing by ‘re-engineering reality’. This is very different from all other VortexHealing tools.

Once the Q-Gate is established in the system, the Jewel transmission is then upgraded to become Quantum Jewel. This increases Jewel’s ability to release and re-pattern by about 15% (and long-term, increases Multi-D Jewel and Merlin’s Grace by about 15% as well).

### **Multi-Dimensional Jewel & Awakening to Being-IS (14 days)** *Prerequisite: Jewel, Inner Veil.*

*(No longer offered but the material moved into 2 other classes: Awakening to Being-IS and into Merlin’s Grace.)*

Multi-D Jewel works on all the dimensions of creation, and down to the conditioned ego-consciousness within vital webbing itself. To be able to give a transmission that works at this level though, the receiver, the student, needs to be at a very deep level of awakening. So, it turns out, what is required to bring students to the ‘beginning of enlightenment’ is almost exactly the same as what is needed to create the transmission for Multi-D Jewel. So we have combined them into one class. Awakening, necessarily, goes much deeper here.

There are many awakening movements in this class: the class is bridged into ‘Being-IS’, there is the awakening movement called the 2<sup>nd</sup> Movement of the Personal, we break down the ‘gestalt of the personality’ and we ‘wake up’ our ‘karmic minds’, which enables the release of vast amounts of that karmic conditioning. In addition, we wake up our DNA by awakening the two Ancestral-Genetic Core Veils that are carried in our DNA. Just as our (personal-karmic) Core Veil sits in the middle of our personal-karmic history, generating the sense of separateness that is the glue for all of our karmic emotional issues, these Ancestral-Genetic Core Veils sit in the middle of our ancestral-genetic history, creating the sense of separation that glues together the genetic emotional patterns carried in our DNA. These genetic emotional patterns can finally be gotten to at this level of healing, and they make up about half of all our emotional conditioning. At this level, we can now break down the upper dimensional and personality blueprints that have continued to hold our issues in place, we can drain the primal inter-dimensional energies that support the lifeforce of viruses and other pathogens, we can do 9<sup>th</sup> dimensional Reality Shifts, and much, much more. We also generate the energetics for the ‘genetic neo-brain’, which is an evolutionary movement within the DNA.

Note: In 2013, this class will be broken down into its 2 aspects, its awakening aspect (Awakening to Being-IS) and its healing aspect (Multi-D Jewel), which will be incorporated into Merlin's Grace class.

**Merlin's Grace & Multi-Dimensional Healing** (6 days in 2013; 9 days in 2014) *Prerequisite: Universal Veil; and for the 2013 class, Multi-D Jewel is also required.*

The class generates a new multi-dimensional form of Jewel, called Meta-Jewel, which bridges divine intelligence into the Jewel in a much deeper way, giving it more focus, deeper penetration, and the ability to micro-manage the flow of the healing energy. The Truth aspect of Meta-Jewel receives an even deeper upgrade, and the Meta-Jewel receives the Vital Web Blaster transmission, which deeply enhances Meta-Jewel's ability to clear all levels of conditioning within vital webbing. A heat aspect of this 'blaster' is also added, which deeply enhances the ability to burn out infections. Once all this is in place, a new transmission, Merlin's Grace, is brought in, which automatically combines Meta-Jewel and all the different aspects of Vortex into a single, higher-level transmission, filled with profound divinity and grace. A completely new level of healing tool is created, which in addition to being much deeper, greatly simplifies the MDJ Protocol for issues. Merlin's Grace also enables you to 're-shape consciousness', 're-shape genetic consciousness' and 're-shape vital weblines'. And the upgrade created for it in 2011, is able to access 'multiple-reality possibility'. This enables you to channel into the receiver's system other 'possible' versions of that person—versions that don't have the symptoms being treated. This pushes the deeper aspects of the issue to the surface and out, since its whole reality is being replaced with one that is healthier. Sometimes this is referred to as 'Rifting'.

Although this is a healing class, to create the Merlin's Grace transmission, a deep level of Grace must be interfaced through the system, which feeds the awakening process.

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**Note:** Because VortexHealing is run by divine consciousness, it can only be used for positive purposes.

*VortexHealing classes are open to all interested adults. Teenagers and children are accepted on a case-by-case basis. No discrimination is made based on race, creed, color or religion. Reasonable accommodation is attempted for those with disabilities.*

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