

# VORTEXHEALING<sup>®</sup> TRAININGS

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## Philosophy & Goals of VortexHealing

The philosophy of VortexHealing is that all of life is One (One Source, One Consciousness, One Divinity), expressing Itself as this amazing experience of creation. But because we have lost the awareness of that, we have gotten caught in all kinds of issues that generate disease in our bodies and suffering in our hearts. Our basic experience of life is one of separation, of experiencing ourselves as a particular being that is essentially separate from everything else in creation and separate from the Universal Source of creation. This creates all kinds of issues and false identities that, over time (and lives), imprint or condition every level of our human system—our bodies, our minds, our emotions and even our sense of spirituality. The web of this conditioning is incredibly, almost unimaginably deep, completely distorting our experience of being human. It creates all kinds of emotional distortions and blockages in our human energy system, which generates weakness and physical disease. The intent of VortexHealing is to release this conditioning on every level it is found, returning the person to emotional balance and energetic strength, so that health prevails.

But the goal of VortexHealing is also much larger than this, because complete healing requires a return to wholeness. And wholeness requires a return to the awareness of what we are, an awakening out of our root experience of separation into the experience of our true being. Hence, by various means, VortexHealing is designed to create enough inner space from the webs of personal conditioning and enough self-awareness (which arises in that space), so that students (and other receivers of VortexHealing) begin to awaken out of their conditioned web of reality to the freedom and Oneness that is their true nature. Although the tools of VortexHealing are designed to generate physical and emotional health (and they do so fantastically), on a deeper level they are designed to facilitate the deepest movement of healing that is possible, which is this kind of inner awakening to our true nature.

## The Process

First, students must be given VortexHealing tools to work with. One of the unique aspects of VortexHealing classes is that, unlike ‘technique’ classes in which a technique is taught and the student’s mind learns how to do it, all VortexHealing classes are all taught by direct consciousness transmission from the divine Source of the lineage. The mind is taught to understand what is happening, but the tools of VortexHealing are not learned by the mind; they are given directly to human consciousness by divine consciousness.

Our experience is that there are ‘divine beings’ who exist outside of our realm of space and time and who live in Oneness as unique expressions or embodiments of divine Source. They are not truly beings, for there is no consciousness of separation—they are simply pure aspects of divinity—and yet for most people, it is easiest to think of them and to relate to them (and to talk about them) as beings. And one of those ‘beings’, who calls himself Merlin, is the power behind VortexHealing. Merlin embodies the divine quality of ‘magical transformation’, and his intention is to accelerate the evolutionary process of life so that it grows into its full potential and awakens to its True nature. (The Merlin of legend was a regular human being who was a teacher of VortexHealing; when teachers of the lineage reached a certain level of oneness with Merlin they received the name Merlin as a title.) Merlin’s divinity brought VortexHealing into existence and is still the divine source for all the transmissions of VortexHealing tools, for all the energetic acceleration that happens in the trainings, and for all the power and grace that make VortexHealing the magical healing art and path that it is.

The fact that all the VortexHealing tools (except for Unwinding the Fascia Energy) are unique expressions of divine light and divine consciousness is critical, because conditioning cannot simply be released, it must be transformed back into light, back into the wholeness from which it came. Conditioning is based on consciousness of separateness, so to transform it, something that is not separate and that can

transform consciousness is required—divine light and divine consciousness is required. These are the tools of VortexHealing.

But even this is not sufficient. Our conditioning is so deep that simply channeling divine healing *towards* it is not enough. One must become a ‘bridge’ to bring that divine light and consciousness down to the levels where it sits in the system. But to bridge that deep, the channeler’s energy system must be developed. So, a critical part of what happens during the VortexHealing transmissions is that the student’s energy system is being evolved, accelerated, expanded, filled with light, made to handle more light, and made to be more conscious on deeper and deeper levels, as classes become more advanced. As the process unfolds, new tools can be given that reach deeper into the energy system and physicality, or are able to affect it in new ways.

And that is only the surface of the process, because as the energy system evolves, as deeper conditioning is released, as more inner space is created and more self-awareness arises out of this process, a certain kind of spiritual ‘ripening’ occurs. Even the process of ‘adapting’ to the changes in inner consciousness that keep being created by the release of old patterns, generates this ripening, for the student becomes much more fluid inside and consciousness becomes much freer. And for students who do VortexHealing on others, this ripening will accelerate even more, just by sitting in that divine energetic space and aligning with divine light and consciousness to do this kind of healing. If the student stays with this ripening process long enough, a time comes when he or she is sufficiently ripe to fulfill the goal of all divine lineages: the manifestation of spiritual awakening. (There are some advanced classes specifically focused on deepening self-awareness and bridging consciousness into spiritual awakening.) When awakening happens, the whole dance of awakening out of suffering to realize the Truth of our being is seen in a different light, for we realize that we never really lost what we always were, we only forgot it.

## The Tools

Although all the Vortex tools (except for Unwinding the Fascia Energy) are expressions of divine light and consciousness, each one is designed to do one or more unique jobs. There are tools that energize, tools that release, tools that harmonize, tools that nourish, tools that more specifically awaken consciousness, tools that ground, etc. So, although the Vortex tools given in more advanced classes generally work deeper than those given in more beginning classes, because these tools do different things, a tool like Basic-level Vortex energy will still be used at the most advanced levels. In addition, as students become more advanced, the evolution in their energy systems and consciousness enable them to more deeply bridge the tools they were given in earlier classes. So even as they are given deeper tools, the older tools keep working deeper as well. And often, two or more Vortex tools can be used together, each creating different effects, generating a much larger *combined* effect than the use of one tool by itself. For instance, there is one transmission called All Energetics (given in Multi-Frequency class) that automatically links together a handful of powerful VortexHealing tools and channels them all at once.

And there are meditation tools as well. Some of the meditations are designed to open the spiritual heart, some are designed to evolve the energy system, some move karmic conditioning from the karmic body, and some are designed to quiet the mind and facilitate dropping deeper into beingness.

## The 7 Levels of VortexHealing Trainings:

**Basic Level:** Basic Training, Clearing the Kundalini Channel, Unwinding the Fascia Energy, Meditation with Merlin, Consciousness in Form.

**Magical Structures Level:** Magical Structures, Karmic Intensive, Earthshift Intensive, Sensing: Psychic & Consciousness Development.

**Multi-Frequency Level:** Multi-Frequency & Merlin’s Jewel, Breaking TimeLines, Genetics & MF Devices.

**LifeForm Level:** LifeForm, InterDimensional Vortex, Merlin’s Puzzle.

**Omega Level:** Omega & the Karmic Body, Karmic Body Release, Presence, Advanced Sensing,

Earthworks, Earthworks II: Divine Doors, Core Veil & The Root of Liberation, The Root of Self-Realization, Inner Veil, Realization-Embodiment Support.

**Jewel Level :** Jewel, Q-Gate.

**Multi-Dimensional Jewel Level:** Multi-D Jewel (& the root of enlightenment), Universal Veil & Other Awakening Movements, Meta-Jewel & Awakening the LCF, Duality of Awareness & Consciousness.

*Note: The first class listed at each level is the “anchor” class for that level, which is a prerequisite for other classes at that level as well as for the next level. Some classes have other prerequisites as well (see individual classes, below).*

## Basic Level

### **Basic VortexHealing Training (5 Days) *No prerequisite required.***

You undergo an intense light acceleration, which evolves your energy system and enables you to receive the Vortex Wheel (by transmission). With the Vortex Wheel you will be able to:

- Channel 49 different forms of Vortex Light. Some of these forms are designed to energize and move physical, emotional and karmic "stuff", some forms create less release but more nurturing, and some of the forms have very specific purposes—for instance, Grounding Vortex is for grounding and White Fire Vortex is for burning out infections. 33 of the forms of Vortex Light are specific for different kinds of tissue, such as lung tissue, liver tissue, eye tissue, etc. You can choose the form you wish to channel, or ask divine intelligence to choose, which will simultaneously send different forms—or a combinations of forms—of Vortex light to different areas of the system, according to what is needed.
- Access the divine healing realm, called Mauma, created from the merged consciousness of 7 divine beings. This is your most powerful tool, enabling you to channel not just divine energy but divine consciousness, which works directly through consciousness and matter.
- Clear “karma knots” and their issues from the karmic body; release emotional and mental imprinting from the emotional and mental bodies; energize, harmonize and create deep healing on the physical body.
- Recreate your Grounding Cord, which grounds you, strengthens you, and enables the earth to feed you. Everyone was born with a grounding cord, but in the West, almost everyone loses it by the time they are 4 years old.
- Work with both the vital and divine webs in the body, and channel light through both webs simultaneously.
- Heal broken divine lines in the body's divine web as well as broken vital lines in the body's vital web.
- Use the divine web to open the 3<sup>rd</sup> eye.
- Do VortexHealing at a distance.
- Clear physical spaces of negative energy (as well as ghosts) in less than a minute.
- Learn how to get information from Merlin, the divine Source of VortexHealing.
- Learn meditations for opening and deepening the spiritual heart.
- Learn a detailed overview of how we hold our karmic material and how our energy system is constructed.

In addition to the general karmic acceleration and healing effects of receiving the transmission, you will receive a lot of direct healing work, both from other students and in exercises for self-healing.

### **Clearing the Kundalini Channel (2 days) *Prerequisite: Basic VortexHealing.***

The focus of the class is to clean the kundalini channel (through which the kundalini energy runs), which gets quite gummed up, especially near the base of the spine. You receive a transmission specifically oriented to clean out the kind of debris that blocks the kundalini channel (which can be used for yourself or others). This debris, which can get almost tar-like in consistency, blocks the flow of the kundalini. The kundalini energy, aside from its uses as a vehicle for divine energy and for opening the upper charkas, is actually a core physical energy that feeds and strengthens the entire nervous system and body, as well as all the charkas (which also energize all the organs and all body systems). An open kundalini channel allows the kundalini to flow better, creating a much stronger and healthier physical body that is both more energized and more relaxed. This **won't** be yoga-kundalini type class, where the breath is used to try to crank up the kundalini. When the channel is open, the kundalini rises naturally and gently. Conversely, when the channel is blocked and the energy is forced up the channel with intense kundalini-breathing exercises, strong disturbing symptoms can result. Students who have cleared their channel report both increased energy and a deeper sense of peace, both effects of the strengthening and smoothing out of the nervous system. In addition, for at least awhile after the channel is cleared,

some students report a sense of oceanic expansion. Everyone's kundalini channel should be clear by the end of the last day of class. *Note: the increased body energy created by this class may 'stir up your system' for awhile.*

### **Unwinding the Fascia Energy (3 days) Prerequisite: Basic VortexHealing.**

In other Vortex classes, the healing work involves only the channeling of energy, not direct work with the body-tissue. But working with the tissue of the body, in particular the fascia (or connective tissue), can give you a completely new perspective of the body. Working from a 'hands-on' perspective makes you more comfortable with the body, more aligned with it, and therefore also more in tune with what it happening in it. In addition, because the body energies follow the structure (or planes) of the fascia, as you learn to play with the fascia and feel the energy flow through it, you learn to sense the body energy pathways in a way that for most students is difficult to learn just from channeling. Finally, for certain kinds of injury—for sprains, bad physical traumas, pulled backs, etc.—being able to work directly with the tissue, to 'unwind' the energetic strain patterns there, is usually invaluable.

From this 3-day class, you will learn enough to get started. Becoming more 'skilled' at unwinding the fascia energy simply requires practice.

You may need to bring pads (and pillows) for softening the wooden banquet tables. Class size is limited.

### **Meditation with Merlin (1 or 2 or 3 days) Prerequisite: Basic VortexHealing.**

This class is designed specifically to help you deepen your meditation practice and to deepen in your spiritual path. We meditate throughout the class with the Merlin mantra, which is an expression of divinity as sound & vibration. We sit with the mantra in our heart, deepening our heart into silence and divine presence.

There is also an ongoing 'meditation transmission' in this class, which creates pathways in consciousness to facilitate deeper meditation. These pathways are extended and deepened in the energy system with each re-taking of the class.

### **Consciousness in Form (3 days) Prerequisite: Basic VortexHealing.**

This is an awareness class that utilizes movement and yoga, along with simple Vortex techniques, to bring our attention to how we are in our 'form' and how we hold issues there. 'Form' not only includes the physical body but also the other energetic bodies and the rest of the human system. Working with the tools of this class facilitates becoming more awake within the physical form and releasing the blockages to being present within it. Tracking issues within yourself in this way can also open 'psychic' sensing abilities.

The class includes a transmission from Merlin. You will also practice some pranayama (breathing exercises), basic yoga asana and movement. It is designed for anyone at any level of fitness or flexibility.

## **Magical Structures Level**

*(Previously called Advanced Level.)*

### **Magical Structures (5 days) Prerequisite: Basic VortexHealing.**

*Note: This class was previously called Advanced Training.*

- **Magical Energetic Structures made of "wizard thread".** These can be placed in a body for improving the functioning of an organ or system; they can be placed in a house or room to alter the feeling-quality of the space; they can restructure the flow of energy and consciousness in offices or homes, making them more efficient, more relaxed, and more harmonious; they can reduce the side-effects of drugs; they can help grounding or be used to create "spells" to facilitate sleep or working through issues; they can be used to mimic acupuncture or Jin Shin, or create 'Dosha' balancings or create Body-Mind Wakeup treatments—fantastic for "resetting" the physical body. They can even be used to change the sound of one's voice. The possibilities are endless.
- **Vortex Crystal-Grid Release.** This is a healing art in itself. You learn to pop up special magical structures called "Vortex Crystals" and place them in your own or someone else's field, for energizing or to release blockage by working with the energetic blueprint of a problem. Works especially well for the emotional and mental bodies and for doing healing at a distance. The Vortex Crystals act as a second energy source, creating more power for self-healing or working on others. Once activated they can run on their own, so you can use them to do treatments on yourself while you sleep. They can also energize a room.
- **Merlin's Global Healing Grid.** This amazing Healing Grid, a global magical structure created by Merlin, enables you to participate very directly in Earth Change. For instance, a single Magical Structures level student can release a town's karmic accumulation on that area of the earth in less than 10 minutes. The change can be quite striking and can be done at a distance. And the incredible power of this Healing Grid can be used on personal issues as

well (for yourself or others). You can even use it to perform ‘pujas’ (for yourself or others) that harmonize you with transiting planets and help to alleviate negative astrological influences, or for special events or issues, or do Ayurvedic ‘Dosha’ balancings.

- **Open Vortex Spaces:** these special magical structures can be put around rooms, houses or cities, to create a higher vibratory space.
- **Advanced Energetic Hookups to the Vital Web:** enable you to “hookup” to anything in creation, for healing. Now you can improve the sound of musical instruments and work much more directly and deeply in a person's energy system.
- **Vortex Meditations specific for Karmic Acceleration & Evolving the Energy System.**

### **Vortex Intensive/Karmic Acceleration (3 days)** *Prerequisite: Magical Structures.*

The intention of this class is to generate a very intense karmic acceleration and to evolve the energy system. The 3 days will be spent entirely doing a Vortex meditation specific for this class (which creates a lot of movement in the karmic body) and using VortexHealing tools to keep catching up the system to the movements created by the meditations. The class will also help the student to develop their awareness of the vital web, which promotes the development of their psychic awareness, both in general and for tuning into the energy systems of clients.

### **Vortex Earthshift Intensive (2 or 3 days)** *Prerequisite: Magical Structures.*

The intention of this class is to gather a large number of Vortex students together and use the power available in our lineage to facilitate movements in the consciousness of the earth and in the field of human consciousness. Students not only facilitate this shift, but because their own bodies and consciousness are part of that shift, their energy systems usually go through a rather large acceleration from participating. Sometimes there is a significant amount of karmic conditioning that is released a well, although no formal healing is done. Rather, the 2 days are spent in a special meditation designed to both make the student’s energy system a better vehicle for facilitating the shift, as well as to enable the student to more deeply embody that shift in their own system. The experience of having this kind of movement unfold through your system is often quite moving.

### **Sensing: Psychic and Consciousness Development (1 day)** *Prerequisite: Magical Structures.*

This class is designed to promote psychic and consciousness development and in a way that supports the evolution of the individual’s spiritual consciousness. For many psychics, the act of ‘seeing’ is divorced from their being and gets them more ‘in their head’. Here, the development is designed to integrate the seeing/sensing into the sense of being so that seeing pulls the perceiver into being and so that resting in being feeds the ability to see. But this class is not just about psychic development but also about the evolution of ordinary consciousness. For instance, if someone is ‘out of body’, they will be pulled more into body. For someone who has difficulty with focus, the transmissions will help to focus them better. For someone who avoids their emotions, the transmissions will help to bridge them in. So, all the transmissions are working both to bridge consciousness into a deeper awareness and more ‘psychic’ perception, as well as to align perception in a way that facilitates spiritual growth and awakening.

This is one of the few classes where repeating the class deepens the transmission.

## **Multi-Frequency Level**

### **Multi-Frequency & Merlin’s Jewel (6 days)** *Prerequisite: 1 Vortex Intensive or 1 Vortex EarthShift Intensive.*

This class gives the student new tools to enable conditioning to be released far more quickly, as well as to get at certain deeper levels of conditioning that could not be effectively worked on at all beforehand. These new tools are:

- **Multi-Frequency** contains millions of life-frequencies and all the color variations of light, in dense and homeopathic form. It can be used to release, to harmonize, to nurture or to ‘re-set’ various system in the body.
- **Oneness Frequency** specifically breaks down the vibration of separateness in the human personality, releasing attachment and identification, and thus breaking down our emotional/karmic and ego positions, as well as some of our ‘attachment webbing’. It can also be used as a meditation.
- **LifeEssences** are pure energetic nourishment. They combine the energies of crystals, herbs, colors and vibration, with the intention of nourishing different organs, systems, and conditions. LifeEssences come in dense and homeopathic form.
- **Merlin’s Jewel** enables you to make a kind of structure that enables the Vortex healing realm, Mauma, to be able to work deeper yet, as well as to clear the “karmic web” in the body, which is one of the deepest reinforcements for

karmic patterns and habits. Merlin's Jewel is also the basis for Omega (see below) and many of the post-Omega VortexHealing classes. One can meditate on the heart of this Jewel.

- **Crystal Energy** is a dense, stabilizing energy that can be channeled as crystal structures or as "liquid crystal" energy. It is excellent for breaking up various kinds of congestions. Crystals emanating homeopathic frequencies can also be made, as well as energetic gemstones, enabling the creation of a complete "Crystal-Gem Treatment", which will work by itself without conscious channeling for 20 minutes, once it is set up, so you can create one just before going to sleep.
- **All Energetics** is a composite transmission that enables the channeling of Multi-Frequency, Oneness Frequency, LifeEssences, Crystal Energy & the 49 forms of Vortex simultaneously, with a single intention, and with Merlin directing each energy to where it needs to go in the system, according to divine intelligence.
- **Grounding Frequency** is a special frequency that when channeled for about 30 minutes, permanently grounds the system in a new way.
- **Body-Harmonic Frequency** is a special frequency that is like delta brain waves, which is associated with deep sleep. When channeled, it helps the system, or particular traumas, to deeply relax and let go. It can also be used as a meditation.
- **Homeopathic Wizard Thread** is a special form of wizard thread that can create homeopathic effects.
- **Transforming De-Toxing Energy** is a unique transmission for manifesting this kind of energy.

> Multi-Frequency, Oneness Frequency, and LifeEssences can be all programmed to work in the background, 24 hours per day. Although the effect is much less than channeling it consciously, it does create some 'free' movement.

### **Genetics & Multi-Frequency Devices (6 days) Prerequisite: Multi-Frequency.**

This transmission enables the practitioner to release personal, karmic and ancestral imprints from the DNA. The research we are doing in this field—from both medical tests and university genetics studies—indicates that we are strongly impacting genetic expression. But you are not limited to working on genetic "kinks"; you can create genetic "enhancements" to your system as well. In addition to the more common ones, such as improving the immune system, improving various other systems, and so on, you can also create the energetic blueprint in your system of a new dot-chromosome that is part of our future genetic evolution, designed to move the human race into higher levels of consciousness. You also learn to make Multi-Frequency devices—special kinds of structures that are able to work with grosser levels of vibration than the wizard-thread structures from the Magical Structures class or the Multi-Frequency structures, and they can bring in more energy.

*NOTE: Because of how deep in the body this class works, assume that it will take at least a week to integrate its movement.*

### **Breaking TimeLines (4 days) Prerequisite: Multi-Frequency.**

This transmission enables you to temporarily put organs, chakras, meridians and body systems into a state where they "oscillate" between manifestation and non-manifestation. In this state, the divine can quickly empty that system of history and trauma, which can create instantaneous dramatic results. The transmissions for this class greatly amplify the student's ability to bring in highly concentrated shakti (charged, divine energy), and that shakti is then used to 'break timelines', making this class one of students' favorites.

## **LifeForm Level**

### **LifeForm (5 days) Prerequisite: Multi-Frequency.**

Where Multi-Frequency works by channeling energies and frequencies to release stuck areas in the system, LifeForm works solely through channeling consciousness. The LifeForm transmission enables you to channel the consciousness of perfect LifeForm for either the physical, etheric, emotional, mental, spiritual body, or karmic body, or all of them together. When you channel LifeForm, you awaken these various energetic bodies to their true nature, free of conditioning and concepts, and this awakening releases the conditioning, for it is now recognized as 'not-self'. The energetic bodies then become purer vehicles for the expression of different aspects of our human experience, and this enables us to experience, through our humanness, the beauty of divine expression through form. There is also psychological and chakra LifeForm.

A Mantra Transmission is also given in this class, which enables you to channel a mixture of Hindu, Tibetan, Kabbalistic, angelic and Thnguu mantras, as well as special Vortex mantras, Divine Truth mantras and the Merlin mantra, sending different mantras to different systems, according to Merlin's divine intelligence. (Mantras are a way of expressing different aspects of divine consciousness through sound.) Mantras can now be added to Vortex crystals and channeled to particular body areas or into the body as a whole. A composite transmission, called Rainbow is also given,

which enables you to channel LifeForm, mantra, crystal energy, Oneness Frequency, Multi-Frequency and Divine Lines all at once, with a single intention, and Rainbow can be programmed to run in the background while you sleep. ALL ENERGETICS (from Multi-Frequency) now channels all the new transmissions as well. There are also 5 new forms of Vortex that specifically work on each of the energetic bodies—the karmic, etheric, emotional, mental and spiritual bodies, greatly deepening the energetic movement there.

### **InterDimensional Vortex (4 days) Prerequisite: LifeForm.**

InterDimensional Vortex is the deepest and fastest tool we have for releasing conditioning, before getting to the Omega class. It releases by *bridging* everything into the divine. Its depth and speed enable us to be able to finish releasing all ego positions, all karmic webbing and all the imprinting in the physical spinal cord during the class.

But Inter-D is quite unique and can also create effects that cannot be created by anything else except Jewel. It can be used to *transform* the energetic quality of the system as a whole, or even more deeply transform individual organs, glands, body systems, chakras, energetic bodies, kundalini energy, the nadi (subtle nerve) system, meridians, etc. When a system is *transformed*, its tissue moves to a higher vibration and becomes freer, enabling any karmic material in it to be released more easily, making it harder for new conditioning to imprint, and enabling that system to function better. Inter-D can also be used to create a unique opening to the divine in your spine and Spiritual Heart

Other transmissions for this class include InterDimensional Crystals, Vedic Sounds, Hebrew Letters, and InterDimensional Fields that can be used for personal *situations*. In addition, Inter-D and Vedic Sounds become part of Rainbow, a composite energy that can be run in the background while you sleep; and Inter-D, Vedic Sounds, and Hebrew Letters now become part of All Energetics.

There are also special transmissions for deepening the work of Inter-D in the thymus (important for allergies), in the brain and amygdala (where lots of survival patterns get hardwired), and in the karmic body.

All of the unique qualities of Inter-D can be used on yourself or others.

For those who have also done Omega, taking this class enables Omega to use the Interdimensional Bridge, enabling it to run about 10% deeper.

### **Merlin's Puzzle: Seeing Through the Illusions (5 days) Prerequisite: Sensing; LifeForm.**

The basis of this workshop is to recognize that normal sensing and perception is based on subject-object awareness, where the ego is the subject, and everything else is the object. Through this as a vehicle, the mind creates and maintains separation, and this becomes the foundation for all out false perceptions and beliefs, especially about ourselves.

In this workshop you receive transmission from Merlin, which enables you to easily drop out of subject-object awareness to sense from a deeper place. You also receive a special divine structure, (Merlin's class puzzle), placed in a crystal that you can use on a regular basis to continue to develop and deepen.

You also receive a copy of the original Merlin's Puzzle created long ago by the Merlin lineage, which was re-discovered by Ric. In class you develop the knowledge and awareness needed to work with it. This becomes an ongoing way to work with Merlin, to receive gifts, and to deepen and broaden awakening. This is a lot of fun.

From class you will be able to,

- Understand how the mind works to create your point-of-view and how this point-of-view is in fact imaginary and un-real.
- Recognize what is 'Real' and 'True' and what is 'Story' or 'Illusion'.
- Use the power of your awareness to release personal issues/beliefs, for yourself and for others, by breaking the illusion of the self-identifications at their core, thus, waking up from them.

*NOTE:* You do not need to be psychic to work with the puzzle, although this class will significantly deepen your psychic ability.

## **OMEGA LEVEL**

### **OMEGA & the KARMIC BODY (9 days in 2009) Prerequisite: LifeForm.**

Omega takes Merlin's Jewel, which was given in MF class, and empowers it to work at a level that is a huge jump from the classes that preceded it. Merlin's Jewel is a structure of pure divine magic that functions as a hologram of all creation. Whatever issue you are working on, in yourself or someone else, is already inside the Jewel. From the Jewel we construct an Omega Ball, which enables us to use this hologram of the universe to manifest healing.

Omega works deeply enough to be able to release the outer weave of the 5<sup>th</sup> dimensional level of our conditioning as well as what we call the ‘pre-karmic’ level. The effect of being able to work on our issues on this level is truly astounding.

There are 12 forms or unique expressions of Omega, each of which acts in a very different area of the energy system and consciousness. There is General Omega, Physical Omega, Omega Fire, Omega Essence, Spirit of Omega, Omega Information, Omega Energy, Omega Crystal Energy, Omega Mantras, Karmic Body Omega, Omega Truth and Interdimensional Omega. They can be channeled separately or all at once. In addition, there is an advanced form of Genetics taught (for those who have taken the Vortex Genetics class) and there is a transmission for channeling Divine Fire. Divine Fire is the most effective tool in VortexHealing (until Jewel class) for knocking out acute and chronic infections of any type. It literally burns up the protein walls of the DNA of the infecting virus, bacteria, fungus or parasite.

Omega Essences are the first tool to be able to transform some of history that is part of the actual structure of the DNA.

Karmic Bodies transmission, which was originally a separate class called *Karmic Body Release*, is now incorporated into this class. This is the first transmission that enables you to release through all the layers of the karmic body, which is the key storage place for all of our personal karmic drama, which generates about half of our historical emotional conditioning. (The other half comes from our ancestral history in the DNA.)

In this class we also learn to do ‘Reality Shifts’ using the 13<sup>th</sup> chakra (about 60 feet above the head). This is similar to the technique of breaking a TimeLine, but much deeper. Not all students in class will be able to do this, though. Some students will need further energetic development before their system is able to perform a Reality Shift. For those who have also done InterDimensional Vortex, taking this class enables Omega to use the Interdimensional Bridge, enabling it to run about 10% deeper.

### **Karmic Body Release (3 days) Prerequisite: Omega.**

*Note: In 2009, this class became integrated into Omega & the Karmic Body.*

The focus of this class was the karmic body, and it also brought in the transmission for Reality Shifting—see the *Omega & the Karmic Body* description, above.

### **Presence (3 days) Prerequisite: Omega.**

*Note: this class was originally called Heart/Freedom/Presence, but these once separate transmissions have been combined into a single transmission.*

This transmission is purely for developing and expanding consciousness; it does not directly release karmic ‘stuff’. It is designed to bridge consciousness into a more awakened state of Presence and to enable the student to channel this movement to others. The transmission also brings in 7<sup>th</sup> Dimensional light, which can also be isolated and channeled by itself for meditation or on others. Presence is also helpful for those who have lost their Core Veil (see Core Veil & Root of Liberation class, below), to integrate their awakening.

In Multi-D Jewel, the Presence transmission is upgraded, which both deepens it and enables it to bring in 8<sup>th</sup> dimensional light.

This is one of the few classes where repeating the class deepens the transmission.

### **Advanced Sensing (3 days) Prerequisite: Omega.**

This class is mostly transmission. Merlin builds upon the foundation of perceptual restructuring that occurred in the Sensing class, deepening that in a major way. The transmissions are the most “cosmic” of all the Vortex transmissions. But the transmissions also directly impact the energy system, rewiring it to improve sensing ability, as well as making it more subtle, which also enhances sensing. The transmissions also deepen the navel hookup to the general field of life, which enables better psychic perception through that hookup as well as deepens the bridge for doing healings on others.

This is one of the few classes where repeating the class deepens the transmission, also deepening its effects on the energy system.

### **EarthWorks (3 days) Prerequisite: Omega.**

The main focus of this class is to enable 3 students, working together, to create enormous divine funnels that act to bridge large amounts of divine energy and consciousness into an area with a diameter of about 50 miles. (With a little practice, this can be done by one student alone.) These funnels can also be centered in a house, and personal structures can be created to tap into some of its energy.

In addition, there are 4 other transmissions, for making other kinds of funnels & structures:

*Divine weather-funnels:* These funnels help to heal the earth in the area they are made, so that its weather

patterns are more natural for that geographic location.

*Earth Cleansing Structures:* These are designed to clear negative energy out of the earth in areas where trauma happened. They can also speed up the time it takes the earth to process physical toxicity. A single structure can extend for about 350 yards (~320 meters).

*4-Element Structures:* these pull in the consciousness and qualities of the 4 elements—earth, air, fire and water—and then creates a balance of them in a house or other building, as well as a body, making it feel much more harmonious with nature. The change is quite remarkable. It makes the inside of a house feel connected to the earth and to the consciousness of the earth in a way that no other Vortex structure does. Even in open land, a single structure can cover about an acre, making the elements there feel more harmonious.

*Mini Energizing Funnels:* these are to temporarily generate extra energy for the physical body, or for an organ, chakra, or body system (such as the lymph system, hormonal system, etc).

A lot of energetic breathing is required for bringing in the shakti that is needed to manifest these divine funnels. A combination of this breathing, along with the shakti-building transmissions given in this class, has a deeply strengthening effect on the student's energetic spine.

## **Earthworks II: Divine Doors and Temples (5 days in 2011) Prerequisite: Core Veil.**

This class is a deepening of Earthworks. Your energy system and consciousness are developed to be able to open divine doors out of deeper dimensions of creation. Unlike the funnels from Earthworks, a divine door can bring in any quality or focus of divine consciousness. From this class you will be able to open a large divine door for an area, a smaller door into any object, a divine door within a person's body and angelic divine doors. You will also receive a special universal divine mother door as part of your energy system, which can be used for healings, blessings and deepening into awakening. And you can make 10<sup>th</sup> dimensional divine doors (if you have also taken Multi-D Jewel.) When a divine door is opened in an object, that object can then also be used for healings, blessings and meditation. Students find opening these doors to be very exciting. They will also be able to open Merlin divine doors.

As with Earthworks, a lot of energetic breathing is required to open these doors. In addition, because of the kind of surrender required to complete the manifestation of a door, the heart learns to let go in a way that supports spiritual growth and deepens the movement into awakening.

## **Core Veil & the Root of Liberation (7 days) Prerequisite: Omega.**

From the VortexHealing point of view, the sense of separate self, of separate 'I', is a divine 'set-up'. That which IS, which has no separation, has somehow managed to generate for Itself an experience of separateness, of individual identity. To generate this false sense of identity and hold it in place, divinity needed to find a way to 'veil' Itself from Itself, to find a way to experience Itself *as if* it were separate. This would appear to be no simple feat. To do so, it created dimensions, consciousness, life itself and a maze of divine structures, and with all this it generated two kinds of 'veils' that could hold the consciousness of 'I'. One of these veils, called the Core Veil, sits in the center of the human heart and acts as a reference point for the sense of separate 'I' for the human and karmic personality.

The first part of this class facilitates the breaking down of that Core Veil. We say that the breaking down of the Core Veil creates 'basic awakening', because the basic sense of 'I' disappears from the center of the heart. After this 'basic awakening', when you examine 'who' it is that is having whatever experience you are having, you no longer find a someone, a separate sense of 'I'. That familiar someone was an experience generated by the Core Veil, which is gone. This changes everything. And yet ironically, because there is still so much conditioned I-consciousness left over (that had grown out of the 'I' of the Core Veil), you tend to still experience yourself much as you did before. So everything changes, and most everything stays the same. It is as if you had been living in the middle of a very complex dream of being a particular someone, and suddenly a permanent window appeared in the center of your heart that opened into something beyond the dream. The dream continues, but whenever you, within the dream, look into that window—which goes with you wherever you go—your sense of being a particular someone in that dream disappears into some greater truth.

This is basic awakening. Before, there was only the illusionary experience of someone-ness. Now, there is the realization of something else, but all the memories are still of being that someone. Everything is now different, and yet everything also still feels much the same. This is neither the end of awakening nor a 'flowering into perfection and bliss'. Rather, this is the beginning of a new process that rarely aligns with the seeker's expectations. Not surprisingly, most beings find Basic Awakening confusing, and for some time.

The process now is about bridging awakening to the areas of conditioned consciousness that are not yet awake as well as deepening the awakening that has already occurred. This process is called 'embodiment', for lack of a better term. In embodiment, that which is and has always been awake—that which you truly are—drops more and more out of the experience of someone-ness, while still looking out through the human form. In the second part of the class, we create a large movement in this embodiment process by deepening the awakening in a way that bridges it into

Liberation. Liberation is both a much broader awakening out of the sense of personal, and a deeper level of awakening. In Liberation, it becomes clear that all the dramas of your life simply arise in consciousness, and that you are that space they are arising within. Thus you become ‘liberated’ from the hooks of these dramas. But we say we have generated the *Root of Liberation* in this class, because although Liberation is now permanently present, if one does not engage the process of embodying it in daily life, then it just becomes a background awareness rather than the place one is living from. The class permanently bridges the *Root of Liberation* into your reality, but only your own ongoing process of embodiment can make that root flower into full Liberation.

It should be pointed out that although all spiritual awakening happens purely by grace when a spiritual seeker has become sufficiently ‘ripe’, the divine source of our lineage has, by grace, been manifesting this ripening in students from the first day of Basic Training, so that by the time a student takes this class he or she is sufficiently ripe. And the very same grace that has facilitated this ripening ensures, by divine intention, that anyone who then takes this class does, in fact, lose their Core Veil in class.

(One ‘healing’ perk for this class is that everyone gets their karmic body ‘Reality Shifted’ which creates a huge unloading of karmic debris and conditioning, significantly lightening the ‘weight’ of the karmic baggage in the system.)

*Cautionary Note 1:* because the breaking down of the Core Veil and the movement into Liberation is a loss of major ego-identity, what is left of the sense of someone-ness may have various kinds of emotional reactions to this movement. These reactions may range from great joy to great loss or confusion, or there may be very little subjective reaction at all.

*Cautionary Note 2:* The individual has a great many preconceptions and expectations about the nature of awakening, which almost always turn out to be false.

### **Root of Self-Realization (5 days)** *Prerequisite: Core Veil & Root of Liberation.*

This class is designed to facilitate the continuing movement of awakening that is set in motion by the loss of the Core Veil. The loss of the Core Veil broke down the illusion of being a particular separate ‘I’, and Liberation greatly deepened that sense, but yet to come is the deeper awakening to what you are, which is the movement into Self-Realization. Where Liberation feels like vast the emptiness of consciousness, Self-Realization feels like the fullness of being, the fullness of Self. But we say we have generated the *Root of Self-Realization* in this class, because although Self-Realization is now permanently present, if one does not engage the process of embodying it in daily life, then it just becomes a background awareness rather than the place one is living from.

### **Inner Veil (5 in 2011)** *Prerequisite: Root of Self-Realization.*

The Inner Veil is the higher dimensional blueprint for our Core Veil. It holds the deeper sense of separate ‘I’, supporting the sense of separate ‘I’ created by the Core Veil. It is a deeper identity for the ego. Whereas the Core Veil is a construct in consciousness, the Inner Veil is constructed by a densely woven divine structure, on a deeper dimensional level. The Inner Veil may be thought of as having a foundational piece and a piece that expresses as ‘I’ directly in the heart. Because of the density of the weave of divine structure in the foundational piece, when it breaks down it lets loose huge amount of light, which then enters into and becomes part of the body’s energy system.

In this class we also move the ‘Core Me veil’, which is an important aspect of the Core Veil. The Core Me veil not only holds a lot of ego structure in place but holds a lot of body tension in place as well.

### **Realization-Embodiment Support (3 days)** *Prerequisite: Root of Self-Realization.*

This is a support class for those who have taken the *Root of Self-Realization* class, to support the ongoing embodiment of Self-Realization. Awakening, even into Self-Realization, can be very confusing, because although the awakening is there, the leftover conditioning is also still there, and it is easy to still get caught in the drama of day-to-day life. So, this class helps to bridge more of the awareness of Self-Realization into the personality, so that awareness takes a deeper hold in everyday life.

## **JEWEL LEVEL**

### **JEWEL (12 days in 2010, incorporating most of what was Jewel II)** *Prerequisite: Genetics; Omega.*

Jewel is like Omega in that you are using Merlin’s Jewel, given in Multi-Frequency class, to do your healings. But as much of jump as Omega was over what came before, Jewel is an even bigger jump over Omega. With this class, you are able to use Merlin’s Jewel at a much deeper level. And as with Omega, working with Jewel is simple and comprehensive—basically, you mostly just channel Jewel for anything you are working on, and it generates whatever is needed from Merlin’s Jewel to facilitate that. You use it to relax and center, to energize, to release, to do *BodyMind Wakeup*, even to do a much deeper form of genetics, and so on, greatly simplifying treatments. You can now get fully

into the 5<sup>th</sup> dimensional level of blueprinting (for conditioning), you can release conditioning in the karmic body about twice as fast as using Karmic Body Release, and you can release more subtle conditioning in the karmic body than was possible before as well.

In Interdimensional Vortex (see above), it was possible to transform the energetic quality of body-systems. With Jewel, that kind of transformation can now be done more deeply, but in addition, you can now *transform the cellular consciousness of organs and body systems*. For instance, a genetic weakness may create a weak liver. One way to compensate for that weakness is by changing the cellular consciousness of the liver. Another key way to use this Jewel-technique is to transform the cellular consciousness of the brain. This creates a kind of rewiring effect in the brain. One example of this effect was seen when it was used on an autistic child: the next day he told the first joke he had ever told. Another example was seen when it was used on a child prone to sleepwalking: the sleepwalking stopped entirely. In Jewel class, another way of Reality Shifting (see its description in Karmic Body Release, above) is taught, Reality Shifting ‘from emptiness’. Almost all students can Reality Shift using this higher-level method.

A new hookup is added to your Vortex Wheel, enabling it draw more energy from your system to power it, making the Vortex energy you channel run more strongly and enabling the healing realm, Mauma, to work much more deeply as well.

You receive transmissions for doing Ruunga Divine Magic, which is a completely different branch of Merlin’s divine magic, taught in other parts of the universe. Ruunga works with its own structure of energy and divine consciousness. You can channel Ruunga Divine Magic in general, and with Ruunga structures and symbols, which bridge in particular energies, patterns and intentions.

This class now incorporates most of what was Jewel II, which makes use of our connection to the angelic realm to permanently hook students up to the Angelic Divine Web. With the vital web of our energy system being fed by a second divine source, our energy system jumps up in its energy level and its level of power. And this added ‘juice’ in the system enables us to ‘rewire’ the transmissions for Jewel, the Vortex Wheel and Ruunga Divine Magic, giving them more power to work with, which enables them to run deeper and faster.

All Jewel-class students receive 4 special structures into their system that will promote health and longevity. One brings more Jing into the system, one brings in more Chi, one brings in more Kidney Essence Chi, and one harmonizes all these together.

It is one thing to clear and energize the body. It is another to actually strengthen its constitutional energies. With Jewel, you focus it to work specifically on doing that. Aside from your emotional conditioning, it is the weaknesses in your constitutional energies that make you liable to certain kinds of diseases.

Jewel can also be used to emulate LifeForm, so although you are channeling the same Jewel, the way it feels and the movement it creates is different—it becomes similar to LifeForm, but on a Jewel level, which is much deeper.

Finally, there is also some way, because of how deep Jewel is, that as you use it, the very using of it pulls you deeper into oneness.

### **Q-Gate (5 days)** *Prerequisite: Jewel, Root of Self-Realization.*

Q-Gate, or Quantum-Gate, is an abbreviation for *Quantum-Point Matrix-Repatternner & Multi-D-Nexus-Gateway*. It is an energetic device that was constructed by the teachers of our lineage in 2006, using Ruunga Magic (another aspect of Merlin’s divine magic, taught in Jewel class). The original Q-Gate was constructed to sit in the center of the earth, in the middle of our galactic ley line. For the Q-Gate Vortex class, a replica of this Earth Q-Gate will be created in your system, to be used for healing work on oneself and others.

The easiest way to understand the Q-Gate is to look at the different parts of its longer name. The Q or ‘Quantum’ part of the name represents the fact that at its very core is a quantum point, which is outside of causality, spanning dimensions and realms, and is powered by love and awareness. This is the key to its functioning. The Q-Gate is also a ‘Gateway’ that you can use for traveling to other worlds and realms, and it is a ‘Nexus-Connection’ to a cosmic network of consciousness between civilizations and realms. The ‘Matrix-Repatternner’ part of the name refers to the fact that it does amazing healings by re-patterning life-matrixes at physical, emotional, mental and even consciousness levels. In other words, it does healing by ‘re-engineering reality’. This is very different from all other VortexHealing tools.

Once the Q-Gate is established in the system, the Jewel transmission is then upgraded to become Quantum Jewel. This increases Jewel’s ability to release and re-pattern by about 15% (and long-term, increases Jewel II and Multi-D Jewel by about 15% as well).

## **MULTI-DIMENSIONAL JEWEL LEVEL**

**Multi-Dimensional Jewel** (& the root of enlightenment) (16 days) *Prerequisite: Inner Veil.*

Multi-D Jewel works on all the dimensions of creation. To be able to give a transmission that works at this level though, the receiver, the student, needs to be at a very deep level of awakening. So, it turns out, what is required to bring students to the ‘beginning of enlightenment’ is almost exactly the same as what is needed to create the transmission for Multi-D Jewel. So we have combined them into one class. Awakening, necessarily, goes much deeper here.

There are many awakening movements in this class: the class is bridged into the ‘root of enlightenment’, there is the awakening movement called the 2<sup>nd</sup> Movement of the Personal, we break down the ‘gestalt of the personality’ and we ‘wake up’ our ‘karmic minds’, which enables the release of vast amounts of that karmic conditioning. In addition, we wake up our DNA by awakening the two Ancestral-Genetic Core Veils that are carried in our DNA. Just as our (personal-karmic) Core Veil sits in the middle of our personal-karmic history, generating the sense of separateness that is the glue for all of our karmic emotional issues, these Ancestral-Genetic Core Veils sit in the middle of our ancestral-genetic history, creating the sense of separation that glues together the genetic emotional patterns carried in our DNA. These genetic emotional patterns can finally be gotten to at this level of healing, and they make up about half of all our emotional conditioning. At this level, in addition to the power of Multi-D Jewel and the upgraded, multi-dimensional Vortex Wheel, there is a whole new set of ‘beginning of enlightenment’ healing techniques (which we refer to as BE techniques, for short). At this level, we can now break down the upper dimensional and personality blueprints that have continued to hold our issues in place, we can drain the primal inter-dimensional energies that support the lifeforce of viruses and other pathogens, we can do 9<sup>th</sup> dimensional Reality Shifts, and much, much more.

### **Universal Veil & Other Awakening Movements (5 days) Prerequisite: Multi-Dimensional Jewel.**

This class helps bridge students through certain awakening movements. The Universal Veil holds in place our identity with consciousness itself. When it lets go, it becomes easier to look *through* consciousness rather than *from* consciousness. We release the first 2 (out of 4) levels of the Universal Veil as well as the identification with the ego .

We release the 3<sup>rd</sup> Movement of the Personal, which breaks down the third level of the sense of personal. There are four levels of the sense of personal, and each one helps to support the sense of individual ‘me’ on deeper and deeper levels.

Awakening the Separateness of the Universe Veil helps break down the experience of the universe as separate.

Awakening the identification with the ‘soul’ frees us from a very deep identity and allows a much more direct experience of the divine.

We also release the 4 remaining humanity-level veils.

### **Meta-Jewel & Awakening the LCF (7 days) Prerequisite: Universal Veil**

Because we function from our identity as a human being, that localized consciousness of the form (the LCF) will be a major focus and support for ego and separateness. The LCF has both its own ego center and an underlying ego spread throughout the form’s consciousness. Both of these get awakened in class. We also release the 3<sup>rd</sup> & 4<sup>th</sup> levels of the Universal Veil, release the 4<sup>th</sup> level of I-thought and sense of Personal, open a Window to God Realization in the LCF, and create the 2<sup>nd</sup> & 3<sup>rd</sup> Integration Movement within Awakening.

Once all this awakening has taken place, students receive Meta-Jewel, which bridges divine intelligence into their Jewel in a much deeper way, giving it more focus, deeper penetration, and the ability to micro-manage the flow of the healing energy. The Meta-Jewel then receives the Vital Web Blaster transmission, which deeply enhances Meta-Jewel’s ability to clear all levels of conditioning within vital webbing. A heat aspect of this ‘blaster’ is also added, which deeply enhances the ability to burn out infections. Overall, the final Meta-Jewel is able to work a great deal more efficiently as well as deeper, and greatly simplifies the MDJ Protocol.

### **Duality of Awareness & Consciousness (7 days) Prerequisite: Meta Jewel & Awakening the LCF**

*Note: This class is being taught for the first time in 2012*

This class focuses on breaking down this duality (which is also the 7<sup>th</sup> Integration Movement within Awakening). The 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> integration movements are created first. This prepares for the final, 7<sup>th</sup> Integration movement, which is very profound, breaking down the last barrier to true Oneness. Consciousness is now able to be experienced as an expression of Pure Awareness.

Students also receive the first chapter of the Book of Pure Magic.

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**Note:** Because VortexHealing is run by divine consciousness, it can never be used for anything other than positive purposes.

*VortexHealing classes are open to all interested adults. Teenagers and children are accepted on a case by case basis. No discrimination is made based on race, creed, color or religion. Reasonable accommodation is attempted for those with disabilities.*

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